



Janet Lynn Kassalen, Author

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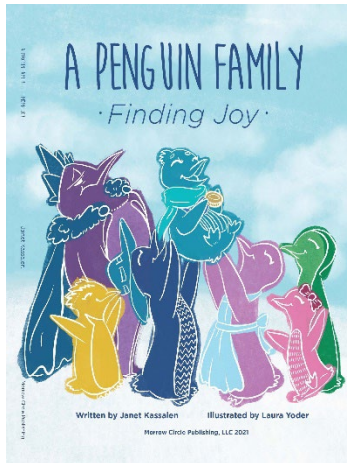
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Press Release

Author Janet Kassalen releases second book with a message of working through challenges and finding joy.



October 1, 2021 | Morrow, Ohio | Families face obstacles; some big and some small, but with love and support there is hope as Squeaky, his family, and friends discover in speaker and author, Janet Kassalen's second book, *A Penguin Family . . . Finding Joy*.

In *A Penguin Family*, we're reminded we all experience obstacles in life, but when we have family and community support, a positive attitude, and we do the work we can make the best out of any situation.

Squeaky is a young penguin who has trouble speaking. He can only make a noise like his name, "Sque . . . ee . . . eek!" Squeaky's patient parents work with him to deal with and overcome his struggle to speak. Papa Mike also teaches Squeaky a valuable lesson which comes in handy when Squeaky and his adventurous penguin friends are lost in the bitter cold.

Kay Fittes, CEO of High-Heeled Success, wrote "Wow, *A Penguin Family . . . Finding Joy* sends a powerful and universal message! Individuals, no matter what their challenges or disabilities can reach their potential. It takes supportive families, friends, and community coming together to help children soar. This book has such an important message to children of persistence and patience to overcome obstacles. You will love Squeaky, the main character and cheer along with him when he saves the day. Every child will see themselves in Squeaky's journey."

Everyone is invited to attend Janet Kassalen's book launch, including guest speakers and a reading, and other surprises, Wednesday, October 20, 2021, 6:00 to 7:00 PM EST on Zoom at <https://us02web.zoom.us/j/81086541800>.

About the Author: Janet Kassalen, a small-town author, published her first book, *Flip Flap Try . . . A Cardinal's Journey*, in July 2017. This book was inspired by a cardinal she met on a camping trip. In the book, the cardinal, Rainier, searches for his dream job.

Her second book, "A Penguin Family . . . Finding Joy," inspired by one of her nephew's children, is about a penguin named Squeaky who can't talk like other penguins but is honored as a hero and inspired to talk by the loud, awesome squeaks from wandering albatross birds in Antarctica. Publishing this book was one of her 2020 projects as well as finalizing the requirements for renewing her dietitian registration for another five years.

She lives in Morrow, Ohio with her husband and is blessed with two talented sisters, supportive in-laws, and bunches of amazing nieces and nephews.

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